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THE VALUE OF TRIALS & TRIBULATIONS

By Robin Hickman

Each and every time life throws us one of its infinite challenges, we are confronted with an important choice to make. And within this choice truly lies our power. Our power to choose our response. With this in mind, we are able to grasp that circumstances don't necessarily make someone who they are, it only reveals them to themselves and the world around them. Therefore, we must choose to respond with a determined idea to use our adversity as an opportunity for personal growth. Instead of simply reacting to it. Which means we allow what we go through to determine how we are to be effected by them events.

You see, It is within the 2 above choices that the difference between rising above your environment or simply becoming a product of it becomes crystal clear. This is the very reason why 2 people can share very similar experiences in life and yet turn out totally different. One person chose to absorb the value of their hardships as moments to learn from and appreciate, while the other one chose to become overwhelmed by them.

Trials and Tribulations can either bring out the best in us or the worst. With that being said, it is still our choice to make and nobody else's. And I can truly say mine did me a favor while teaching me a lot of valuable lessons in the process. I'll leave you with a few of them: (1) Cultivate relationships with people that inspire and motivate you to do better, while keeping those who could stunt your growth at a distance. (2) Don't judge the people who say they love you during times of prosperity but when you are going through adversity. (3) When we ask ourselves quality questions, we receive quality answers that may alter the course of our lives. (4) When you fall, never analyze where you have fallen, but where you have stumbled. And (5) In life we receive 2 educations. The one we are given, and the one that we give ourselves. Take the 2nd one seriously.