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IS YOUR CIPHER SACRED

By Robin Hickman

Quality of life is interdependent ; meaning what we get out of life highly depends upon the relationships we establish and sustain. And the relationships we reject and cut short. Your cipher is the people you choose to surround yourself with. But what makes it sacred is the measures you take to ensure you are fortifying your life with the right friendships. You see, with some people you are only meant to spend an evening ; while with others you are meant to invest a lifetime.

Take a moment to thoughtfully reflect on your inner circle and ask yourself. Do they bring out the best in you or the worst? Do they expand your vision or choke your dream? Are they a source of constructive feedback when you need encouragement or a source of negative criticism because they're not doing anything productive themselves? Do they inspire and motivate you to win or do your interactions lack substance because they cool with losing as long as you losing with them? Can you honestly say the people you've invited into your life increase you? If not they probably decrease you.

If your answers weren't yes to the above questions I think its time you reevaluate your cipher. Because the reality is, the less you associate with some people the more your life is likely to improve. And the more you gravitate towards others, the more some doors will begin open for you. Throughout my experiences i have learned that often times the people who refuse to grow with you must be left behind. And because of this alot of my cipher has changed. Therefore, in the relationships I maintain I consistently strive to add value in anyway that I can. Be it in knowledge, words of wisdom, or just understanding if they need it.