

# SEGREGATIONS

SEG IS A WAY OF LIFE IN PRISONS  
ENDING UP HERE DUE 2 YOUR NEGATIVE DECISIONS  
LOCKED-UP 23 HOURS A DAY  
IN A 10x12 CELL WITH NOTHING ELSE 2 DO BUT SLEEP & PRAY  
PEOPLE IN SEG SLOWLY DECAY  
LOSING THEIR MINDS DAY BY DAY  
LIVING A ROUTINED LIFE  
HOPING 4 A BETTER LIFE  
SLOWLY WATCHING EVERYTHING TURN 2 NIGHT  
A PERSON'S MIND WILL GO INSANE  
CUTTING THEMSELVES TILL THEY NICK A VEIN  
IT'S A CYCLE THAT REPEATS ITSELF  
ALL THERE IS 2 DO IS HOPE 4 THE REAPER HIMSELF  
U CONSTANTLY FIGHT A BATTLE WHETHER 2 LIVE OR DIE  
ASKING 4 HELP FROM PEOPLE WHO ONLY THINK U  
MANIPULATE & LIE  
POPPING TONS OF MEDICATIONS  
TRYING EVERYTHING 2 ESCAPE THIS TOTAL DAMNATION

BY CHRIS FISHER W94702

THIS WAS MY LIFE FOR 13 YEARS STRAIGHT IN SEG.