

Between These Walls

The walls are closing in on me
Thin but thick
Only where it matters most
I'm rather droll
Attempting to glean the meaning
Of being pinned down
Grinding slowly as time
Shows me how
During this moment
I've grown exponentially
Yet these walls
Continue to swallow
Every inch of me
A quick pinch to see
If I'm dreaming
With my energy diminishing
So deep within
It's difficult to remember
The beginning
These shallow breaths
As I gather what's left
Signal I've given all I have
Clearly I'm outmatched
This back and forth
Screams of repetition
While laying between these walls
Contemplating my existence
Body tingling from the instant
I was placed here
Why waste tears?
As the realization sets in
Disbelief as these walls squeeze
Seemingly the longer I'm invested
What will I be left with?
Pieces of my essence
Birthed and dispersed
From aggression movements
This instance serves as fuel
Which validates my worth
I'm behooved to just
Lay here as the earth moves
Losing my cool

Between these walls
That radiate so much heat
See the summer is
A state of mind
And the state that I'm in...
Currently thinking
Of how long it'd take
To escape these walls
Expression on my face
Show flaws in my mentality
These walls have me battling
The urge to end it
Seeking to find
Who I was
Before these walls
Came to be
Let's me know
I never knew me
To begin with
My friends miss who I was
Before entering these walls
Changing for the worse
Better be sure
The names you call
And the responses you get
These walls cause pressure
Calling for every single inch
Of strength and dexterity
They've taken all I have
Plus more and that's everything